

# THE GIRL WHO STOOD UP TO THE BULLY IN SCHOOL

Change lives. **For good.**

**act:onaid**



Easy-to-read



Change lives. **For good.**  
**act:onaid**

## **ACTION AID SOUTH AFRICA**



### **The Girl Who Stood Up to the Bully in School**

This story was written by Action Aid South Africa



This document is the Easy-to-read version of the story



## **The girl who stood up to the bully in school**



**Some students are bullied.**

Students who are bullied often feel scared.

They feel like they have no power.



**Bullying is a big problem.**

It happens in many schools.

Bullying can make children feel very sad and worried.

It can hurt their minds and feelings.



**What is bullying?**

Bullying is when someone keeps being mean on purpose.

They want to hurt or upset another student.

They try to show they have more power.



**This is a true story.**

We changed the girl's name to keep her safe.



### **Emily was bullied.**

Emily is 17 years old.

She is in Grade 11.

She goes to a school called Mphalaleni Secondary.



A boy bullied Emily since she was in Grade 6.

He took her lunch money.

He hit her at school.

Emily felt very sad and angry.

She thought the bullying was her fault.



### **Emily did not tell anyone.**

Emily did not tell her parents.

She did not tell her teachers.

She wanted to go to high school to get away from the bully.

But the same boy was in her high school.

He was even in the same class.



### **Emily joined a girls club.**

One day, her teacher told her about the This is a safe space for girls.

It helps girls stop violence and unfair treatment.



Emily joined the club.

She said:

“I was shy at first.

But the girls were kind.

They treated me like a sister.

They helped me feel strong.”



**The club helped Emily be brave.**

The club gave Emily confidence.

She learned she is not alone.

Now, she stands up for herself.



**What is SeViSSa?**

SeViSSa is a programme.

It helps girls in South African schools.

It teaches girls about:

- Their rights
- Leadership
- Self-esteem,

It teaches them so that their futures can be better.

Change lives. **For good.**

**act:onaid**

The story was written by Action Aid South Africa

Emily is a fake name.

The name was used to protect the girl who was bullied

The story was taken from

<https://www.actionaid.org.za/the-girl-who-stood-up-to-the-bully-in-school/>

**NCPD**

National Council of & for  
Persons with Disabilities

The story was made Easy-to-read by the National  
Council of and for Persons with Disabilities



It was done through the Enabled Women Arise  
Project (EWA)

EWA is a Gender Based Violence project of the  
National Council of and for Persons with Disabilities



Alstom Foundation contributed to making this  
document Easy-to-read

**This document was proof read by**

|            |           |
|------------|-----------|
| Teboho     | Tseki     |
| Mphohadi   | Mosala    |
| Lerato     | Plaatjie  |
| Lerato     | Jantjie   |
| Kelebohile | Matlakala |

**Special thanks to Kopano Protective workshop team**



“© European Easy-to-Read Logo: Inclusion  
Europe. More information at  
<https://www.inclusion europe.eu/easy-to-read/>