

**Media Release – October 2023 for immediate release**



## **Nappy Run: A Campaign that provides dignity and inclusion for Children and Adults with Disabilities**

This year the National Council of and for Persons with Disabilities (NCPD) proudly celebrates the 12th anniversary of our Nappy Run campaign.

The campaign raises awareness about children with disabilities and encourage the donation of children's nappies and adult incontinence products from 03 October to 03 December throughout South Africa.

“Our successful National Annual 5KM Event took place at the Johannesburg Zoo in November 2022, whilst various Nappy Run Events took place countrywide during

Disability Rights Month until International Day of Persons with Disabilities on 03 December. We are eager to expand our efforts this year, reaching even greater heights.” says Danie Marais: Senior Manager of Projects and Programmes at NCPD.

Children (and adults) with disabilities often have a high need for nappies through childhood and beyond; requiring the use of nappies into their teen and adult years. “Without a nappy, children are often denied dignity, comfort, freedom of movement, and their health is compromised.” says Therina, the National Director at the National Council of and for Persons with Disabilities.

The database of persons with disabilities and Centres continues to grow. The NCPD makes a humble, but urgent call to all South Africans to support its nappy collection drive by donating nappies, larger than standard baby sizes, or by making a monetary donation (Nappy Rands) towards the purchasing of nappies or drop-off nappies, details are available at: <http://www.nappyrun.org.za>

Join us for our exciting and impactful annual **Nappy Fun Run, Walk or Wheel, on Saturday, 04 November 2023**. Registrations open from 06h30am, the walk starts at 07h30am to 10h00am, as we return to the Johannesburg Zoo. Tickets are available from [Quicket](https://www.quicket.co.za).

### **Media enquiries and request for information, interviews and images:**

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Promotional Video: <https://www.youtube.com/watch?v=9mX4a0eDNdU>

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