



NCPD

National Council of & for
Persons with Disabilities



Pocket Guide



**RED
FLAGS!**

Easy Read Version



Purpose:

For you to know the behaviour of
people who might cause Gender
Based Violence.

This document was proof read by: Pt Du toit, Bokamosho Shounyane,
Nomvula Singonzo, Nomachaka Machalotsa, Goitsemodimo Leteane

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What is Gender Based Violence?

These are harmful acts done to you because of your gender.

If you are a disabled woman, you are more likely to experience Gender Based Violence.

You must know actions that represent abusive behaviour.



We call these actions **RED FLAGS!**

Here are some examples:



Being very jealous



Being very protective



Being unreliable



Gets angry even over small matters



Treats animals in a bad way



Says bad things that will hurt you



Wants to monitor you all the time



Abuses traditional beliefs about gender roles



Forces you to have sex even if you say no



Does not respect your birth control methods



Makes you feel bad if anything goes wrong



Tries to prevent you from going to school or work



Makes you beg for your own money



Accuses you of being attracted to other people



Tells you what to wear and how to act



Makes you feel bad in the presence of people



Bullies you at work



Makes you feel bad about your disability



Hides your assistive devices occasionally



Controls your grant money



Tells you that your disability is a burden



Tells you that no man will want to be with you